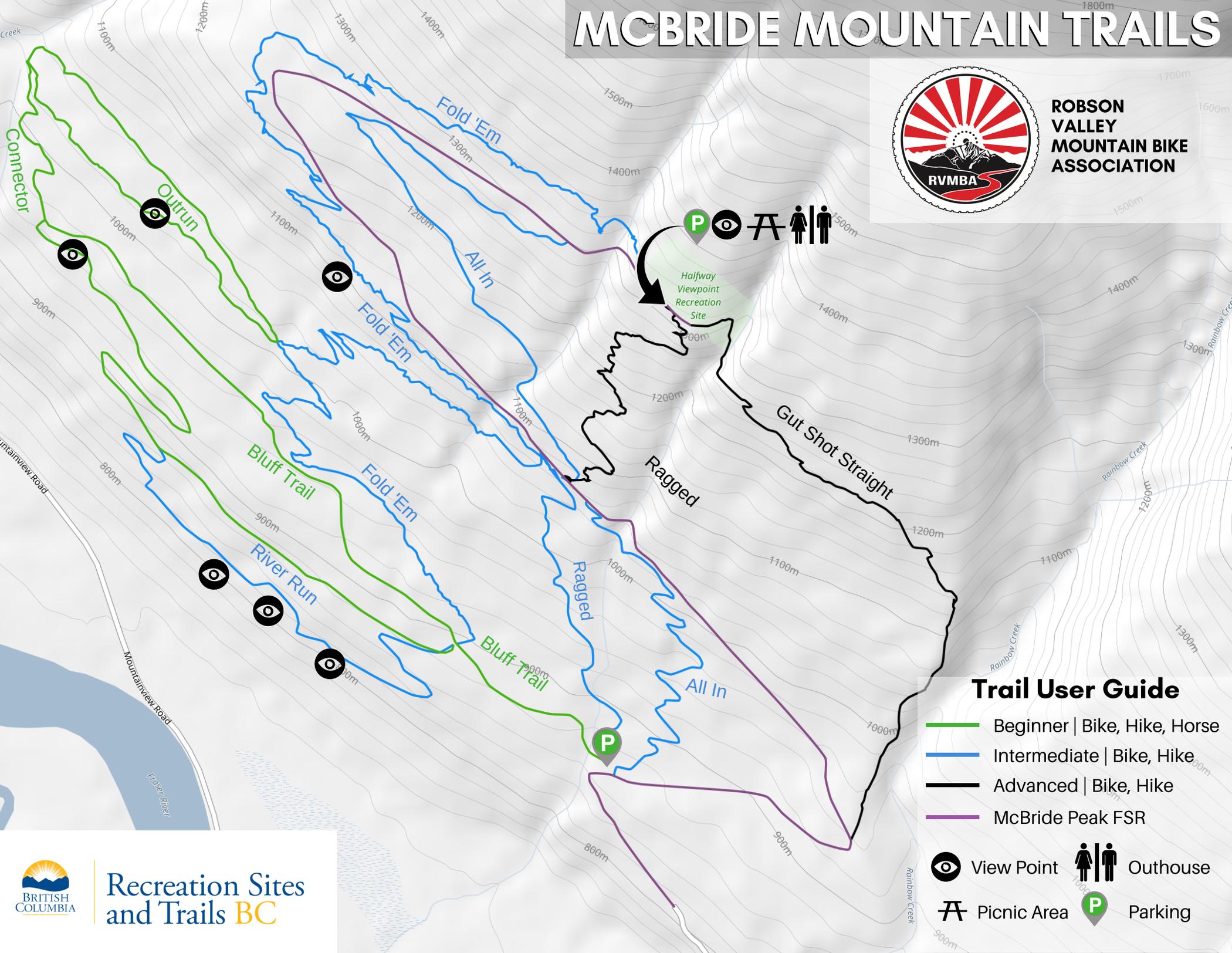


MCBRIDE MOUNTAIN TRAILS



ROBSON VALLEY MOUNTAIN BIKE ASSOCIATION



Trail User Guide

- Beginner | Bike, Hike, Horse
 - Intermediate | Bike, Hike
 - Advanced | Bike, Hike
 - McBride Peak FSR
-
- View Point
 - Picnic Area
 - Outhouse
 - Parking

XC TRAILS:

BLUFF TRAIL (4.5KM)

The Bluff Trail is a wide multi-use trail which begins and ends at the parking lot. At the first junction, mountain bikers should take the right-hand branch for a gradual climb, while horseback riders should continue on the left. Two viewpoints are located on the trail. Look for blueberries, huckleberries and thimbleberries.

OUTRUN (2KM)

Outrun can be accessed from a junction on Fold 'Em or the Bluff Trail. The northern branch is a fast climb for bikers, changing elevation gradually. Sunbeam Creek can be at the west end. A pleasurable descent and viewpoint overlooking the valley below are found along the southern branch.

CONNECTOR (500M)

A smooth trail designed to connect to the Bluff Loop to the Outrun Loop.

FOLD 'EM (6.5KM)

Fold 'Em is a smooth, machine-built intermediate climbing trail leaving the Bluff Trail a short distance from the lower parking lot. It briefly meanders through a dense cedar forest and then opens up, rolling through a mixed stand of spruce and deciduous trees. Riders can access other trails by exiting at KM 3 or 4.5 on McBride Peak FSR, or by grunting up the final steep pitch to KM 6, arriving at the top of the downhill trails and a spectacular viewpoint. Fold 'Em also doubles as an easy downhill trail with great viewpoints along the way.

RIVER RUN (1.8KM)

*FEATURE TRAIL

A feature trail for walkers, runners, and technical cross-country mountain bikers due to its interesting rock work and spectacular views as the trail sweeps along a long bench parallel to the Fraser River. While walkers can approach this trail from either direction, bikers should descend from the first junction point on the Bluff Trail.



DISCOVER MCBRIDE



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DH TRAILS:

ALL IN (3.5KM)

*FEATURE TRAIL

This intermediate flow trail features table tops, berms, and step-ups. It starts at KM 5 of the FSR. The fun factor picks up after crossing the FSR, just below KM 3 where the features get larger and more exciting. After crossing a long cedar bridge, the trail finishes in the parking lot.

GUT SHOT STRAIGHT (2KM)

This old-school single track begins at the cabin at KM 6 of the McBride Peak FSR. Riders descend a sheer sidehill, traverse awhile, and then descend a long, steep ridge, exiting at KM 2 of the FSR.

RAGGED (2.5KM)

The top section of Ragged begins at the picnic area at KM 6. This hand-built trail begins by descending a steep slope (the left branch has some extreme exposure) and continues with jumps and berms. After crossing the FSR at KM 3, the trail mellows, passing by giant fir trees and descends through funky, rocky sections. The trail ends at the parking lot at KM 1.

DISCLAIMER

As a condition of use of the McBride Mountain Bike Trails and associated trails/facilities, the user assumes all risk of personal injury, death or property loss resulting from any cause whatsoever including but not limited to: the risks, dangers, and hazards of riding a mountain bike, hiking or other recreational activities; the use of the McBride Mountain Bike Trails; collision or impact with natural or man-made objects or with other persons; slips, trips and falls; or negligence or breach of statutory duty of care on the trail network maintenance. The rider agrees that volunteers of the Robson Valley Mountain Bike Association shall not be liable for any such personal injury, death or property loss and releases the Robson Valley Mountain Bike Association and waives all claims with respect thereto.

Please ride carefully and be responsible for your safety in all activities